



# DR. MEG MEEKER

Empowering dads to raise strong kids

## DYNAMIC, INSPIRATIONAL, AND NO-NONSENSE

*“America’s Mom” – Dave Ramsey*

Dr. Meg Meeker is a dynamic, inspirational father inclusive advocate, and a practicing pediatrician for over 30 years. She’s an international speaker, the bestselling author of **Strong Fathers, Strong Daughters**, and the host of the popular podcast, “Parenting Great Kids.”

Dr. Meg's parenting philosophy is centered on proven, simple, and actionable strategies for **raising strong kids**. Championing the relationship between father and child – from womb to adulthood – has always been close to her heart. So get ready for plenty of aha! moments that will reframe how you parent.

Dr. Meg has amassed a social media community of **700k** followers. She is a regular contributor on **pediatric health issues and child-parent relationships** and has been featured in The Today Show, Dateline NBC, Fox and Friends, The O’Reilly Factor, NPR, Oprah and Friends, The Dave Ramsey Show, and much more. She also served as a consultant with the NFL Fatherhood Initiative for 5 years.

